

Jo Christner, Psy.D

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CURRICULUM VITAE

EDUCATION:

Doctorate of Psychology December 1995
Ryokan College, Los Angeles

Doctoral Hours, 1993 - 1996
Various Locations

Master of Arts, 1985
Counseling Psychology
Vermont College of Norwich University

MFCC Internship, 1985 - 1992
Various Locations including The Maple Center

Pre and Post Doc Hours- 1994-1997

Permanent Secondary Teaching Certification, 1975
Indiana University, PA

Bachelor of Arts, 1970
Secondary Education/ Comprehensive English
University of Pittsburgh, PA

LICENSE:

Licensed Clinical Psychologist, March 3, 1998
California License #PSY 15532

Washington License #PY2971, March 29, 2004

Marriage, Family Therapist, February 13, 1992
California License #MFC 28960

Marriage, Family Therapist, March 5, 2003
Pennsylvania License # MF000381

CERTIFICATIONS:

Somatic Experiencing Practitioner (SEP)
Eye Movement Desensitization Reprocessing (EMDR)
Practitioner

MEMBERSHIPS:

- American Psychological Association
- Los Angeles County Psychological Association

- California Assoc. of Marriage/Family Therapy
- Group Psychotherapy Association of Los Angeles (formerly Group Psychotherapy Assoc. of Southern California)
1999 Annual Conference Co-Chair and President Elect
2000/01 President, 2001/02 Past President,
2002/03 Membership Chair, Website Coordinator and Executive Board Member
2007-2008- Member at Large Board Member
2010 Board position as Member Communications Chair
- Somatic Experiencing Trauma Institute
- EMDRIA
- Daughters of the American Revolution (DAR)
National and Conejo Valley Chapter

PROFESSIONAL EXPERIENCE:

- 1992 - present **Private Practice** - Individual, Couples, Family and Group Psychotherapy. Seminars and trainings.
- 1994 - present **HOPE Connection, Inc. therapist—1992- present**
Executive Director - 2012-present
Nonprofit providing Grief Support Groups and Services to the Los Angeles Community.
- 1985 – 2012 **Time Management Consultant**
Professional Organizer
Jo Christner dba A TIME OUT
Calif. Bus. License #294227-90
Educate, organize and coach individuals and businesses about customized time management techniques, paper flow systems, space and stress reduction.
Seminars and trainings.
- 1994 - 1997 **Wellness Counseling Associates**
Residential geriatric psychological services and testing
- 1994 - 1995 **Veterans Administration, Brentwood, Ca.**
Post Traumatic Stress Residential Rehabilitation Program for Combat Veterans. Individual and group psychotherapy with team approach.
- 1984 - 1996 **Administrative Case Mgmt Coordinator**
Extensive experience on an outpatient and inpatient basis. Responsibilities include clinical interventions, organization of case, hiring of mental health specials, supervision of staff and treatment team meetings, interface with family, patient, staff, medical/mental health facilities and community resources.
- 1992 - 1992 **Industry Community Interface, Los Angeles**
Interfacing paroled probationary prisoners into the community
- 1985 - 1992 **Lee Baumel, MD, APC, Los Angeles, Ca.**
In and Outpatient experience. Extensive

experience with eating disorders, group and individual psychotherapy with diverse mental health population, administrative case coordination and individualized time management services.

1988 - 1991

Hope Institute, Los Angeles, Ca.

Multidisciplinary in-patient and residential eating disorder program

1987 -1988

The Maple Center, Beverly Hills, Ca.

Multi-disciplinary mental health center offering services to the community.

1987 - 1988

Manor West Hospital, Los Angeles, Ca.

Private free-standing psychiatric hospital. Group and individual psychotherapy, chemical dependency groups, eating disorders and time management counseling. Case management and administrative tasks.

1983 - 1985

Beverly Hills Medical Center

Los Angeles, Ca.

Inpatient eating disorder program. Individual and group psychotherapy and time management services. Provided education seminars.

1975 - 1983

**Law Firm of Vallette, Fruchter and Bassin
Burbank, Ca.**

Law Firm Administrator

OTHER TRAINING:

September 12, 2005

American Red Cross Introduction to Disaster Services Training

TEACHING EXPERIENCE:

1970 - 1975

Secondary English Teacher

Pennsylvania Permanent Teaching Certificate
Johnstown Vocational Technical High School, Pa.

1985 - present

Time Management

Guest speaker on numerous occasions before diverse groups. Public Seminars/Trainings.

RESEARCH:

“Group Process Considerations: The Creation and Development of an Eating Disorder Unit”

“Eye Movement Desensitization Reprocessing: Pathway to the Brain?”

MEDIA PRESENTATIONS:

Judy Kerr's Acting Workshop – Cable Television
Acting is Everything by Judy Kerr, An Actor's Guidebook for a Successful Career in Los Angeles. Listed as a professional resource.

Discovery Health Channel: Medical Diary
Episode #180: Air date: 9/28/2001 (10am/2pm)
Cynthia's Story: TBD-Post Partum Depression

PUBLICATIONS:

HOPE Connection, Inc. Blog:
<https://hopegroups.org/blog/>

"Answers to Bereavement Questions".
H.O.P.E. Unit Foundation Newsletter, Vol. 1, No. 1
September 1997.

"Healing Through Creating Balance",
H.O.P.E. Unit Foundation Newsletter, Vol. 1, No. 2
February 1998.

"Journey Through Grieving" and "Grieving Together"
First Christian Church Newsletter
February 2005 and March 2005

"Healing Through Creating Balance",
The Healing Power of Grief: The journey through loss to life and
laughter, Lintermans, Gloria and Stolzman, Ph.D., LMFT,
Marilyn, Champion Press Limited, 2006., p.145

PUBLIC SPEAKING:

10/27/2000
Valley Beth Shalom Temple
Encino, California
"Coming Together to Grieve"

10/25/2002
Valley Beth Shalom Temple
Encino, California
"Help in Healing"

3/27/05
First Christian Church
Somerset, Pennsylvania
"Journey Through Grieving"

11/14/2010
Group Psychotherapy Association of Los Angeles
Santa Monica, CA
"When the Group Changes: Grieving the departure of a Group
Member or a Group Therapist"
A 3 hour workshop for professionals.

10/6/2011
Friends of the Family
Van Nuys, CA
"Understanding and Coping with Grief"
A 2 hour workshop for interns and professionals.
2 Ceu's

2012-present- Ongoing CEU trainings for Professionals

REFERENCES:

Available Upon Request